



Our Retreat is a nutritional program that utilizes the body's own mechanism for optimal health in the treatment of chronic debilitating illness.

Our Advanced Therapy is a detoxification and rebuilding program. It consists of flooding the body daily with nutrients from 20 pounds of organically grown fresh fruits and vegetables to support the detoxification process. As a result of detoxification and increased oxygenation, cellular regeneration occurs, particularly in the liver and immune system, to restore them to optimal function.

(928) 613-2233

SedonaWellnessRetreat.com

Award Winning

Bed & Breakfast Inn and Retreat



- **3 Acres of Landscaped Seclusion in the Heart of Sedona Arizona**
- **Mystical Labyrinth**
- **Calming Waterfall Ponds, Fountains, Gardens**
- **Outdoor Dinning**

- **Fresh Daily Juices**
- **Organic Vegan Gourmet Meals**
- **Yoga Classes**
- **Art Therapy**
- **Educational Talks**
- **Kitchen Demo's**



- **Doctor Supervised**
- **Advanced Wellness Therapies**
- **IV Therapies**
- **Nutritional Supplements**
- **Massage**
- **Acupuncture**

- **Energy Work**
- **Relax & Mingle in Elegant Guest Lounges**
- **Private Decks with Private Entrances**
- **Enjoy Our Rustic Elegant Retreat**



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